



**BC Soccer Premier League**  
**Technical Service Plan**  
**2020**

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## Introduction

The BC Soccer Premier League (BCSPL) Technical Service Plan is designed to support the BCSPL Clubs player and coach development programming to maintain and raise the overall standard of the BCSPL training and game environments. The Technical Service Plan has been devised in consultation with the BCSPL Technical Directors and Head Coaches as well as Canada Soccer.

The resources and support provided to the BCSPL Clubs include, technical documentation, human resource support through observational and workshop club visits as well as online software support. The technical service plan is subject to annual review and change at the determination of the BC Soccer, Soccer Development Department.

## Background

The BCSPL was formed in 2011 to support the development pathway in BC by establishing a standards-based environment at Stage 4 'Train to Train' and Stage 5 'Train to Compete' of the CSA Long Term Player Development Module for U13 to U18 male and female players. The BCSPL provides an important link between playing levels including the BC Soccer Provincial Program, Professional youth programming, University, College and adult amateur or semi professional opportunities, as well as Canada Soccer national team youth programming. A number of player development environments in BC support this player pathway, including district associations, affiliate soccer clubs and BC Soccer associate member organizations.

## Purpose

Success within youth development soccer can be defined and measured as the number of players that continue to play soccer and the number of players that develop and progress to higher levels of programming.

Player development is a commitment to the 'long term' and not 'short term' measurements of success. The priority is on the long-term goal of improving the player's abilities with the overall aim for the player to reach their full potential within Technical, Tactical, Physical and Mental whether that be for the Canadian National Team, Professional Club Programming, University and College, BC Soccer Provincial Program, the BCSPL or adult 'Soccer for Life' opportunities.

To achieve this BC Soccer commits to four Key Responsibilities to Player Development and Identification within the Province of British Columbia. These include;

1. To promote a Player First Mentality.
2. To support the Canadian Soccer Association's, Long Term Player Development Principles.
3. To provide a Clear and Recognized Pathway for players to be developed, identified and promoted within.
4. To maintain and enhance Technical Standards across the four corners of development including, Technical, Tactical, Physical and Mental.

## Service Plan

The resources and support provided to the BC SPL Clubs include, technical documentation, human resource support as well as online software support as outlined below. BC Soccer will also work to add more resources over time covering other important areas topics to support club development.

### Technical Resources

BC Soccer's Technical Resources provide examples of good practice that the BC SPL Clubs can fully integrate into their programming or use as a guideline to assist in the on-going development of their own club documentation. The resources are composed of (but not limited to) a Curriculum, Game Model, Player Profiles and Coach Profile.

### Curriculum

The Curriculum provides an age-appropriate developmental framework for the season long training environment and is paired with the Game Model. It identifies the attacking and defending actions for individual players as well the team. Throughout the season within sessions, players should be experiencing these actions to support their overall technical and tactical development. Included within the curriculum are example session topics, plans, animation/video and detailed explanations to support coaches with implementation.

### Game Model

The Game Model provides an age-appropriate developmental framework for the season long game environment and is paired with the Curriculum. It identifies the attacking and defending actions for individual players as well the team. Throughout the season within games, players should be experiencing these actions to support their overall technical and tactical development. Included within the game model are example attacking and defending strategies with sample animation/video along with detailed explanations to support coaches with implementation.

### Player Profiles

The Player Profiles pair the individual players attacking and defending actions identified within the Curriculum and Game Model with position specific actions. These profiles can be used to support individual player development by identifying areas of improvement as well as areas of strength. These profiles are used by BC Soccer as an identification and monitoring tool to progress players into the BC Soccer Provincial Program and beyond.

### Coach Profile

The Coach Profile provide an example of an age-appropriate development coach, specific to behavior, management, organization and philosophy. This profile can be used to support individual coach by identifying areas of improvement as well as areas of strength. These profiles are used by BC Soccer as an identification and monitoring tool to progress coaches into the BC Soccer Provincial Program and beyond.

## Staff Support

BC Soccer's Soccer Development Staff provide on-going support to the BC SPL Clubs through observation visits, facilitating educational workshops and meetings along with general support in all technical related matters where required (and/or requested) as outlined below.

### Session Observation Visits

The Session Observation Visit is designed for BC Soccer Development Staff to observe and provide supportive feedback to BC SPL Club Team Head Coaches with the delivery of their curriculum and session plans. The visits focus is on areas of strength and areas of improvement to better support player and team development within the training environment. Visit schedules will be completed in consultation with the BC SPL Club, Technical Director, with a maximum of 2 annual Session Observation Visits per club.

### Game Observation Visits

The Game Observation Visit is designed for BC Soccer Development Staff to observe and provide supportive feedback to BC SPL Club Head Coaches with the delivery of their game model. The visit focus is on areas of strength and areas of improvement to better support player and team development within the game environment. Visit schedules will be completed in consultation with the BC SPL Club, Technical Director, with a maximum of 2 annual Game Observation Visits per club.

### Classroom and On Field Workshops

The Classroom and On Field Workshops are designed to provide an opportunity for open discussion and feedback with the BC SPL Technical Directors and Team Coaches to identify key player and coach developmental areas to drive the BC SPL standards. The workshop is delivered through sharing of good practice examples both in the classroom and on the field. Workshop schedules, including the content, will be completed in consultation with the BC SPL Club, Technical Director, with a maximum of 2 annual workshops per club.

### Club Support Meetings (based upon request)

BC Soccer staff can facilitate various meetings and presentations to support the BC SPL Clubs. These can include (but not limited to) providing guidance on program delivery, communicating with coaches and parents, player intake meetings as well as specific areas of development that the BC SPL Club may request support from BC Soccer across, technical, administration and governance practices.

## Online Software

BC Soccer's online software provides additional support to the BCSPL Clubs specifically relating to player and coach development and identification, session development as well as game environment development as outlined below.

**File Hosting Service - Dropbox - See Link - <https://www.dropbox.com>**

BC Soccer provides a central hub for each BCSPL club to share good practice Technical Resources, from (and not limited to) BC Soccer, Canada Soccer and Professional Clubs. Further allowing additional information to be uploaded and shared including game video and player data to support player and coach development and identification processes.

**Session Planner Program - Sports Session Planner - See Link - <https://www.sportsessionplanner.com/>**

To support session development, BC Soccer provides each BCSPL Club with the Sport Session Planner design program. The program allows BCSPL Coaches to design their session plans, in a clear and concise format, store them within a database that also eases the preparation, delivery and reflection of session delivery.

**Video Analysis - Coach Logic - See Link - <https://www.coach-logic.com>**

To support game development, BC Soccer provides each BCSPL Club with the Coach Logic program. The program allows BCSPL Clubs to upload and have access to their game footage. This footage that can be reviewed and clipped to draw attention to good practice actions and areas to improve upon by the players and teams.

**For further information please go to the official website of BC Soccer at [www.bcsoccer.net](http://www.bcsoccer.net) or the official website of the BC Soccer Premier League at [www.bcspl.ca](http://www.bcspl.ca)**