



BC SOCCER

# VIDEO EVALUATION PROCESS

Dear Coach,

BC Soccer has introduced the video evaluation process for the C License and the Provincial B License (Part 1) levels to allow coaches to carry out their Practical Evaluation with their own players at their own club and in their own coaching environment.

The purpose of this document is to help coaches have a clear understanding of the requirements to successfully submit a video evaluation. We have outlined simple steps to follow and allowed for a reasonable degree of flexibility regarding the accepted devices and methods used for filming and capturing audio files.

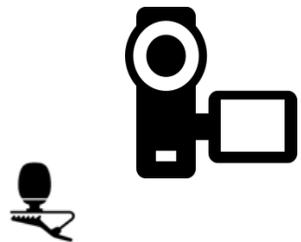
Sincerely,

BC Soccer Coaching Development



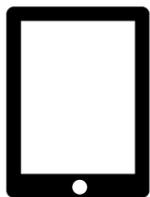
BC SOCCER

# ACCEPTABLE DEVICES



Preferably, use a video device that is sync'd with audio.  
*ie. camcorder with a wireless lapel mic*

Alternatively, if you can't sync audio with video use a voice recorder App on a Smartphone and earbuds with mic capability while using any filming device.  
*ie. GoPro, iPad or any Smartphone*



The filming device must be stationary using a tripod or a stand but preferably not free-hand by a 3rd person, although it is acceptable.

# IMPORTANT TIPS

You are responsible to ensure there is enough **storage** on the device you are using.

Clear storage **space** prior to filming so you don't run out of space to film.

Select settings and set a lower **resolution** when filming to help with storage.





BC SOCCER

# COMPLETING THE STEPS

BC Soccer will provide the coach with a platform to **UPLOAD** the appropriate documentation and files required to complete the video evaluation process.

These will include the following:

- Video Consent and Declaration Form
- Plan a Session template
- Emergency Action Plan (EAP) template
- Post Session Self-Reflection Debrief Questionnaire
- Video file and Audio file





BC SOCCER

# VIDEO EVALUATION PROCESS

To begin, please click the link below to submit your application so we can coordinate the date with you, issue your topic and provide you with further instructions on how to submit your video evaluation successfully!

We look forward to hear from you.



[CLICK HERE](#)